

# FamilyLife *Advent* Calendar 2022

CANADA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Nov 27</b> <b>Hope</b> Watch the video, light the candle and read the devotion together.	<b>28</b> <b>Discuss:</b> If you had 4 extra hours a month to do something life-giving together, what would you do?	<b>29</b> Write a note to someone telling them why they are special to you.	<b>30</b> Pay attention throughout your day for a chance to help someone in need. Then offer help.	<b>Dec 1</b> Buy a \$10 gift card at the grocery store and leave it with the teller to give to the next customer in line.	<b>2</b> <b>Reflect:</b> What is the difference between hope and optimism?	<b>3</b> Bring hope to others by partnering with a charity (i.e. a care package or donation).
<b>4</b> <b>Peace</b> Watch the video, light the candle and read the devotion together.	<b>5</b> <b>Discuss:</b> How does peace in our relationships affect us physically and emotionally?	<b>6</b> If there's someone you need to say "I'm sorry" to, do that today.	<b>7</b> Sometime today, initiate a group hug with family or friends.	<b>8</b> Do a chore in your household that is normally someone else's job.	<b>9</b> <b>Reflect:</b> Do you know any peace-makers? What do they do to bring peace between others?	<b>10</b> Light a candle and play a few of your favourite Christmas carols in silence.
<b>11</b> <b>Joy</b> Watch the video, light the candle and read the devotion together.	<b>12</b> <b>Discuss:</b> How can you bring a smile to someone today and help them experience joy? Then try it!	<b>13</b> Go shopping together and buy one toy each to donate to a charity in your area.	<b>14</b> Smile, open a door or say "hi" to someone you pass by today.	<b>15</b> Go for a walk or drive in your neighbourhood to enjoy the beautiful Christmas lights and decorations.	<b>16</b> <b>Reflect:</b> What is the difference between happiness and joy?	<b>17</b> Regift Challenge! Find something nice that you own and give it to someone who would find joy in that object.
<b>18</b> <b>Love</b> Watch the video, light the candle and read the devotion together.	<b>19</b> <b>Discuss:</b> What can you say to someone today to share God's love with them? Then try it!	<b>20</b> Bake a dozen cookies and take them to a neighbour.	<b>21</b> Give a gift card to a random person.	<b>22</b> Tell someone what you appreciate about him or her.	<b>23</b> <b>Reflect:</b> How have you received love from others? How could you pass that experience on to those around you?	<b>24</b> <b>Christ</b> Watch the video, light the candle and read the devotion together.
<b>25</b> <b>Merry Christmas!</b>	<p><b>Bonus:</b> Give a Weekend Getaway Gift Certificate to bless a couple you know! Get \$50 Off until Dec 22nd at <a href="http://familylifecanada.com/certificates">familylifecanada.com/certificates</a></p> <p style="text-align: center;"><i>Hope</i> is Here</p> <p style="text-align: right;">Find more resources for help and hope at <a href="http://familylifecanada.com">familylifecanada.com</a></p>					